

The Mirror

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Editorial



Prisoners' health matters

OVERCROWDING in the country's prisons has been a matter of great concern in our society for some time now. The prison population is currently 15, 237; 4,972 more than its actual capacity of 10,265.

This phenomenon has resulted in a number of challenges to the service and is making life difficult for inmates.

To make matters worse, the government has since 2010 been allocating GH¢1.80 per inmate daily for three meals. The service also has other challenges with transportation and the provision of health care.

The Head of Public Relations of the Service, Chief Superintendent Vitalis Ayeah, recently made an appeal for the establishment of a national prisons hospital in the country to cater for the healthcare needs of inmates.

He argued that the absence of one, exposed prisoners to stigmatisation, and prison officers to risks as they accompanied them to seek health care in public hospitals when the infirmaries are unable

to deal with their health needs. In spite of occasional donations by philanthropists to the prisons, one can imagine the general plight of inmates in such an environment.

Some members of society seem unconcerned about this situation because to them, since the inmates are offenders, their plight doesn't matter.

What such people are forgetting is that the prison is also a place for reformation and rehabilitation and after serving their time, ex-convicts return to live within society and whatever they become has a direct impact on members of society.

The Mirror calls for more support for the service to enable it to improve programmes meant to reform inmates.

We believe that proper reformation will benefit the convict and the whole of society.

The Mirror also appeals to the government to review the daily feeding allocation since it is woefully inadequate.

We also appeal to philanthropists to assist in the establishment of the national prisons hospital for the good of society.



It should be sex with consent

THERE is a documented increase in the use of sex toys worldwide, I believe the benefit of this is how it has encouraged more people to be open with sexual discourse.

Again, other benefits are the positive impact on sexual health and wellness.

There are several reports that shows that the sale of sex related products doubled or even tripled in countries including Ghana during the period of lockdown and isolation era of the COVID-19.

Whether gay, lesbian, bisexual or not, pleasure is one of the things on your mind when you engage in healthy sex. It is easy to see how sex toys help in achieving this kind of pleasure.

And sex toys also help to experience the euphoric sensations we cannot achieve

with our partners or on our own.

Research has also proven that sexual satisfaction is one important factor that stands to support overall mental health, and thankfully a person can achieve this with a sex toy.

As a country with special interest in mental health, let us leave oral and sex toys alone. We have laws that make absolutely no sense that ought to be scrapped.

There cannot be a "rumpy pumpy" without cunnilingus or fellatio and the use of toys for private pleasure should not be on to roar over.

Let people enjoy in peace but of course, we agree that if anyone is subjected to any sexual practice he or she disagrees with, they should report to the police.

Opong, Tema.

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From our Facebook wall

What's on your mind?

Paul Mensah

Adjetey Annan is a very good actor. You meet him in real life and you wonder how he played the Pusher character. Quite a decent chap.

He has played a role in sustaining the movie industry. Hopefully, he

weaves his way into becoming Ghana's Denzel Washington. Let's all patronise his book.

Nana Kofi Asamoah

People help others and share their experiences publicly to encourage others to also do the same

when they come across people in similar conditions. Some help others and prefer to be silent about it and not share it with anyone.

Then there is you who questions why people share the assistance they give to others publicly with all your

reasons.

Instead of asking questions, look for ways to help others.

Nana Mensah

People have used Kantanka Automobile vehicles for more than four years and so by now we should be able to read or hear some reviews.

How is maintenance and how durable are they? I know few public figures have

owned such vehicles for a while. Will they be kind enough to share some reviews? It is much better to buy a vehicle assembled in Ghana because of the availability of parts and mechanics to resolve issues and Kantanka being our own would make much more sense. Is the company looking in that direction to build confidence in its products?